

Virginia Mason Medical Center
Continuing Nursing Education
Driving and Parking Information

- Free parking is available on conference days **ONLY** in the **U PARK LOT** located on 7th Ave, between **Marion and Columbia Streets**. **Note: you must enter from 7th Ave.**
- Though parking may be available in other neighborhood lots, **parking fees incurred anywhere other than the lot listed above will be the responsibility of the registrant.**
- Please do not park in any of the Virginia Mason parking garages – these are reserved for patient use, only.

DRIVING INSTRUCTIONS to U Park LOT:

Traveling South on I-5 (from Everett) - NOT express

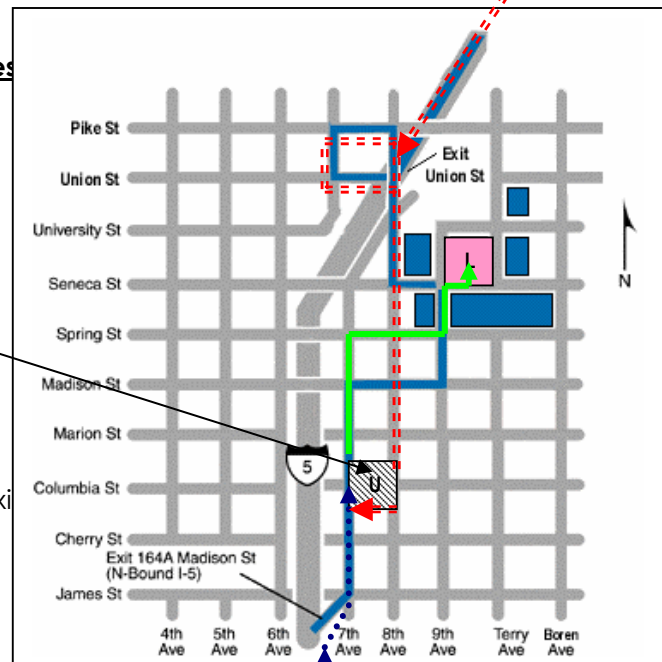
Take **Union St Exit (Exit 165-B)**

1. Turn **right** on 7th Ave
2. Turn **right** on Pike St
3. Turn **right** on 8th Ave
4. Continue on 8th Ave to Columbia St
5. Turn **right** on to Columbia St
6. Turn **right** on to 7th Ave
7. **Entrance to U PARK LOT is on 7th Ave between Marion and Columbia Street**

Traveling North on I-5 (from Tacoma)

Take **JAMES Street Exit (Exit 164-A)**

1. Go straight – Do not turn onto James Street – The exit becomes 7th Ave
2. Continue on 7th Ave to Columbia St
3. **The entrance to the U Park Lot is on 7th Ave between Marion and Columbia Streets**



Walk to Virginia Mason Lindeman Pavilion from U-Park:

1201 Terry Avenue

1. Walk along 7th or 8th Ave to Spring St
2. Turn **right** on Spring St and walk to 9th Ave
3. Turn **left** on 9th Ave and walk to Seneca St
4. Cross Seneca at light, turn **right** and walk up the hill
5. The Lindeman Pavilion is the tall, tan brick building on the **left**
6. Enter either from the patio on Seneca St or around the corner on Terry Ave
7. Take the elevators down to Level One where the conference auditorium (Volney Richmond) is located
8. **Present parking stub at registration check-in desk for validation.**